

What's on at Camberwell and Dulwich & Bermondsey and Rotherhithe Children and Family Centres



Southwark Children and Family Centres
Camberwell and Dulwich



Southwark Children and Family Centres
Bermondsey and Rotherhithe

Week commencing 7th September

To book any session please email ccadmin@pilgrimsway.southwark.sch.uk with your child's name and D.O.B and your postcode.

Day	Time	Activity	What is it?	Notes
Monday	10:30am-11am	Songs and Stories from around the world	Join us for a fun and interactive session, bringing books from around the world and singing our favourite songs.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Monday	11am-1pm	Art Resources Collection	This will be your opportunity to collect your resources ready for Arts and Crafts Session on Wednesdays.	Please collect from Crawford Children and Family Centre / Ellen Brown Children and Family Centre.
Monday	1:30pm-2:15pm	SEND Questions and Answers	A virtual support group for children with SEND and their parents and carers.	Booking in advance is required for a one to one timeslot / you are welcome to join in a group. Please email ccadmin@pilgrimsway.southwark.sch.uk
Monday	2:30pm-3pm	Healthy Movers	Let us get active with some fun and physical activities and movements to help you and your child stay fit, healthy and learn all the same time	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Tuesday TBC	10am-10:45am	Baby Massage	Baby massage is a tradition that has been practiced in many cultures. Research has shown how regular massage can boost a baby's immune system, reduce stress, relieve colic and encourage sleep.	Booking in advance is required. Please email ccadmin@pilgrimsway.southwark.sch.uk to add your name to our waiting list.
Tuesday	10am-10:45am	EY Questions and Answers	This session will give you the opportunity to ask our experienced early years practitioners questions on your child/ren development.	When booking please add your questions to your email so our staff can prepare any relevant information / handouts to support them to answer your questions. Please email ccadmin@pilgrimsway.southwark.sch.uk
Tuesday	10:30am-11:30pm	Dulwich Park Walk and Talk	Join us for a relaxed walk in your local park to give parents the chance to meet up with other families and have a chat in a safe and socially distancing way.	Location is in Dulwich Park. A 15 Minute Music and singing session. Please bring a blanket and your own musical instrument. https://www.designsforeducation.co.uk/diy-musical-instruments/
Wednesday	9am-12pm	Advisory Session	The overall aim is to support families who are experiencing adverse and challenging circumstances We provide support in many areas relating to parenting strategies, having difficulties with managing child/ren's behaviour, feeling in low mood. We are here to help and guide all families onto the right pathway with receiving the right support, in a welcoming and non judgemental way.	Please email ccadmin@pilgrimsway.southwark.sch.uk to book a time slot.
Wednesday	10:30am-11am	Songs and Stories	Join us for a fun and interactive session, bringing books and rhymes to life.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Wednesday	1:30pm-2:15pm	Arts and Crafts	A session to spark children's creativity, imagination, and their ability to use materials and resources. This opportunity supports children with expressing feelings and ideas through making and creating.	This is a virtual session. Art resources will be available to be collected on Mondays from Crawford Children and Family Centre / Ellen Brown Children and Family Centre.
Wednesday	1:30pm-2:15pm	Songs and Stories Outdoors At Rotherhithe Children's Centre	Join us for a fun and interactive session, bringing books and rhymes to life.	Please bring a blanket and your own musical instrument.
Thursday	10:30am-11am	Baby Time	A time and space for you and your baby to bond through fun and stimulating activities aimed at supporting the development of your baby. We will cover different topics focused on sensory and physical experiences.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Thursday	10:30am-11:30pm	Southwark Park Walk and Talk	Join us for a relaxed walk in your local park to give parents the chance to meet up with other families and have a chat in a safe and socially distancing way.	Location is in Southwark Park. A 15 Minute Music and singing session. Please bring a blanket and your own musical instrument. https://www.designsforeducation.co.uk/diy-musical-instruments/
Thursday	1:30pm-2:15pm	New Parents Group	This group is for new parents who would like to find out about what the children and family centres has to offer you and your family.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Friday	10am-10:45am	Zumba Kids Jr	Get active! twist, jump and move to the beat. A fun way to increase your fitness for all the family.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Friday	11am-11:30am	Music and Singing	All welcome to this lively communication friendly session. You and your child can have fun singing together, be inspired and develop confidence in talking and building vocabulary.	This is a virtual session. Please email ccadmin@pilgrimsway.southwark.sch.uk to book.
Friday	10:30am-11:30pm	John Ruskin Park Walk and Talk	Join us for a relaxed walk in your local park to give parents the chance to meet up with other families and have a chat in a safe and socially distancing way.	Location is in John Ruskin Park. A 15 Minute Music and singing session. Please bring a blanket and your own musical instrument. https://www.designsforeducation.co.uk/diy-musical-instruments/